

LEWES STATION/ NORTH LEWES

There are two choices on this route. The main route, shown in blue, is less hilly, avoids most main roads and is more scenic, but has stretches which are muddy after heavy rain. The alternative route, shown in green is on main roads and has a steep and nasty hill at the beginning going north.

MAIN ROUTE

1) GOING NORTH head north from the station and turn sharp right at the first junction, going down hill to the station car park. Before reaching the park go left along Pinwell Lane. Just before the lane meets the main road turn right down an alley, then straight ahead to a junction where you turn left. Turn left at the next junction and then right at a mini roundabout by a bike shop Cycle on to point 2)- the bottom of the high street.

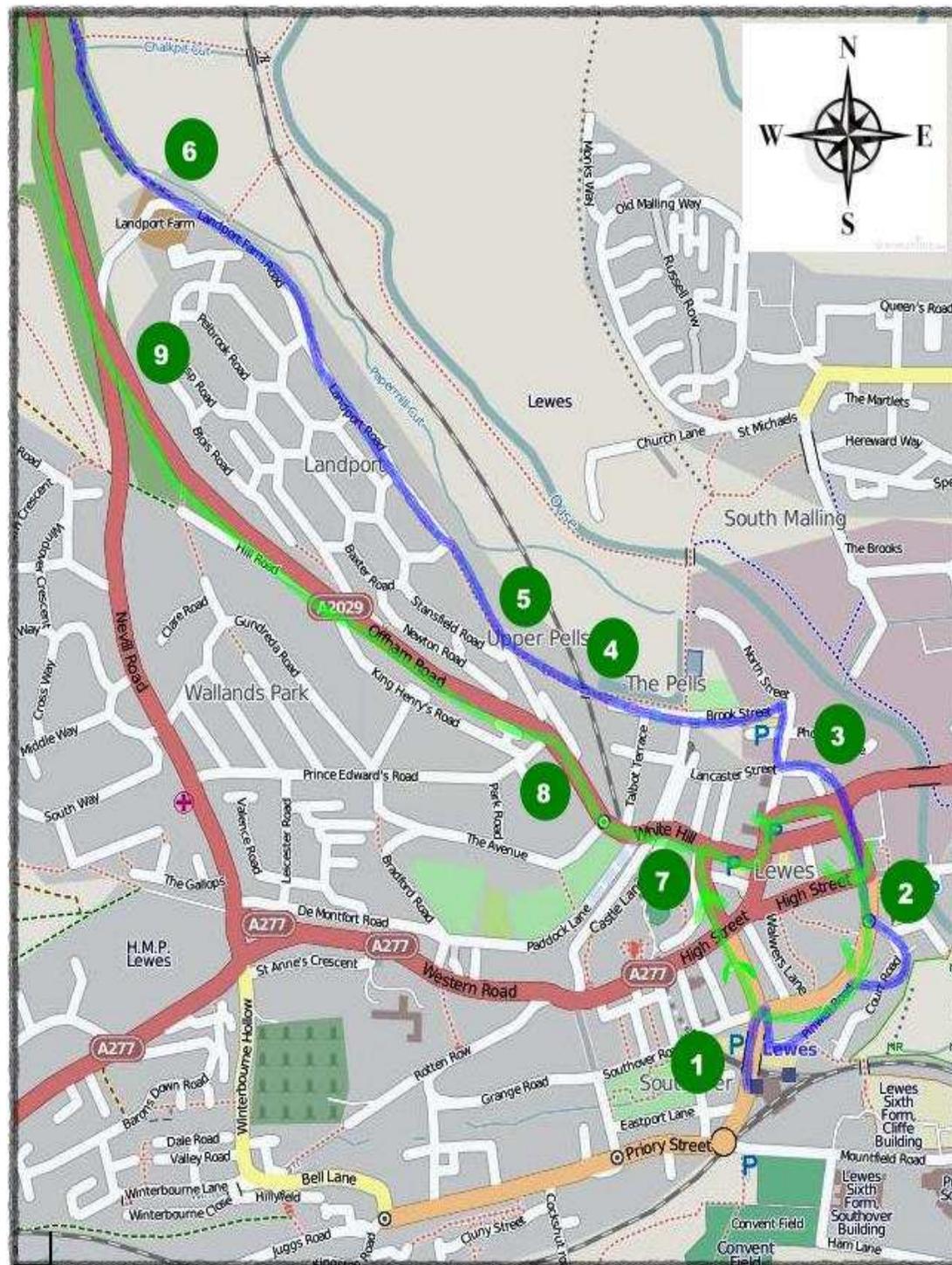
2) You will have to walk your bicycle on the pavement for the next 150 metres. Walk north (straight ahead) past the bus station, a left turn and the methodist church. Cross a second road and see a green ahead of you, just to the left. Cross this and then get on your bike again.

3) Cycle to the end of the road, turn left and then right down North Street. Immediately past the car park turn left along Brook Street, heading west. Continue straight ahead to point 4) Where the road ends. (You pass the Pells pool, the oldest open air swimming pool in the country, open May to September)

4) Get off of your bike and walk it over the railway footbridge and along the path to point 5.

5) Cycle straight ahead along the edge of the Landport estate to a track. at point 6) This is called the Landport Track. This can be muddy after heavy rain. Shortly after leaving point 6 there is what appears to be a junction (in fact two of the ways are simply entrances to private houses. Bear right here, but ignore any further turn offs.

6)GOING SOUTH leave the Landport track and ride straight ahead



on the edge of the estate.

5) As the track begins to climb there is a footpath on the left. Walk your bike along this.

Alternatively you can cycle straight ahead up hill to join the alternative route at point 8.

4) Having crossed the railway bridge join the road slightly to your right. Ride straight ahead as far as you can. You pass the Pells pool, the oldest open air swimming pool in the country, open May to September)

3) At the end of this road turn right. Then turn left just in front of a group of houses. Turn right into a dead end and walk your bike across the green and across the road. You now want to travel straight ahead. Take care. This is a short busy stretch. Go straight ahead at the lights. and then straight ahead at the mini roundabout along Friars Walk (shown as the alternative route on the map.) At the end of Friars walk turn left onto the main road for the station.

ALTERNATIVE ROUTE

1) GOING NORTH head right out of the station and then straight ahead up the hill. This is a narrow one way street with pinch points. You may prefer to walk your bike. At the top of the hill get back on your bike and cycle straight ahead. This stretch is short but not pleasant.

7) Turn left at the end of the street and dip down at first. Then start a long slow climb up to point 9. At point 8 you can turn off to the right to join the main route.

9) Join the main road to Offham at point 9. Some cyclists chose to cycle along the pavement to Offham, which extends nearly to Cooksbridge.

9) GOING SOUTH leave the main road to the left (signposted Lewes) and begin a long, exhilarating descent into Lewes. Look out for cars emerging from the Landport estate half way down. In Lewes follow the main road up hill and then down. At the point at which you can no longer go straight ahead turn left to join a busy road. Move into the right lane and follow the lane round to the right. Go straight ahead at the lights. and then straight ahead at the mini roundabout along Friars Walk. At the end of Friars walk turn left onto the main road for the station.